



# Sports Activity Badge



Please fill out the exercise sheet telling us about your sport. You must have been playing regularly for at least 6 weeks and have taken part in an organised match, competition or demonstration. Please then bring this sheet and some of the equipment (if any is used) to an agreed night.

What sport do you play?

How long have you been playing for? (Minimum of 6 weeks)

What are some of the skills you have learnt? (if possible demonstrate at meeting)

What are the rules of the sport?

Why do you like playing the sport?