All Meetings and Activities

|  |  |
| --- | --- |
| Full Scout Uniform |  |
| Scouts Shirt |  |
| Scouts Activity Trousers |  |
| Necker and woggle | Provided by the Group once invested. |
| Walking Boots | Lighter weight footwear eg dark trainers in hot weather |
| Water Bottle |  |

Hike Kit List - Day

|  |  |
| --- | --- |
| Full Scout Uniform | Arrival and Departure |
| Rucksack | Day Sack around 35l |
| Rucksack | Waterproof Liner (Thick Bin bag works as well as a canoe bag) |
| Spare Trousers and Top |  |
| Waterproof Jacket |  |
| Waterproof Trousers |  |
| Mid Layer (Fleece) |  |
| Base Layers | Season Dependant |
| Good Quality Socks | Plus a spare pair |
| Hat | Baseball type cap or sunhat for summer  Wool / Fleece Hat for winter |
| Gloves | Season Dependent |
| Watch |  |
| Notebook and Pencil |  |
| Personal First Aid Kit |  |
| Whistle | One without a pea |
| Sun Cream / Sunglasses | Depending on Time of Year |
| Food | As Directed |
| Emergency Rations | Oat Bar or appropriate alternative (not to be eaten) |
| Hankies / Tissues | Small packets of tissues |
| Spare Laces |  |

Hike Kit List – Night

|  |  |
| --- | --- |
| Full Scout Uniform | Arrival and Departure |
| Day Hike Items |  |
| Torch and Spare Batteries | Head torch preferable |

Hike Kit List – Overnight

|  |  |
| --- | --- |
| Full Scout Uniform |  |
| Day Hike Items | 50l Rucksack |
| Night Hike Items |  |
| Sleeping Bag | Winter: 4 Season  Summer: 2 Season  Guidance will be provided prior to the event. |
| Pillow | Air Pillow (only if desired) |
| Roll Mat / Self Inflating Mattress (SIMs) | SIMs are generally lighter and provide more insulation. |
| Eating Equipment | KFS, Mess Tins (or Plate and bowl) and mug  Non-Breakable  Small Tea Towel  Small Drawstring Bag |
| Night Wear | Thermal Base Layers are suitable as it can be cold at night. |
| Wash Kit | See below. |
| Personal Hygiene | As required. |
| Dirty Clothes Bag | Plastic bag |
| Thermos Flask | As required. |

Wash Kit

|  |  |
| --- | --- |
| Toothbrush |  |
| Toothpaste |  |
| Flannel |  |
| Soap |  |
| Personal Hygiene Products |  |
| Towel |  |
| Waterproof Bag | To store wash kit in |

Note:

1. Depending on the Activity further items may be required.
2. If your child requires medication, please only provide the desired amount and let the leader know how the prescription should be administered.
3. All clothing must be marked clearly with the young person's name.
4. Please do not send any electronic items.
5. Scouts can only bring penknives if they have passed their hand-axe and knife training, prior to the event. Knives must be handed in so that they can be locked away.
6. Earrings, nose rings, and other decorative jewellery are not recommended on camps and activities.
7. The Scout Group cannot accept responsibility for loss or damage to any personal effects and the Scout Association does not provide automatic insurance for such items.